

CHAIR ANTI-DOPING COMMITTEE:
Dr Patricia Wallace MBCHB
PO Box 285, Pinjarra
Western Australia 6208



Tels. +61 8 95311866 – +61 8 95311845
Fax. +61 8 9513030
Mob +61 418 920 466
Internet. <http://www.rollersports.org>
E-mail. pwallace@southwest.com.au

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To All National Federation

Reference – Intravenous Infusions

Can you please convey this information regarding administration of intravenous fluids and medications, to all athletes, medical and support staff.

The 2008 WADA Prohibited list under section

M2 Chemical and Physical Manipulation states

- 2. Intravenous infusion is prohibited. In an acute medical situation where this method is deemed necessary, a retroactive Therapeutic Use Exemption will be required.**

Where an acute medical illness does exist requiring intravenous infusion, then the infusion must be given in line with the standards of best medical practice for the management of the specific acute medical condition. This standard does not vary significantly from country to country or between the athletic and non athletic population.

If an acute medical condition does not exist and / or is not clearly documented then an emergency TUE cannot be issued.

Therapeutic Use Exemption for valid acute documented medical illness will be issued retroactively, and will not be issued to athletes using intravenous infusion of substances for the prime purpose of recovery from a sporting event or training. Athletes and support staff administering intravenous infusions which cannot be medically justified are committing an anti-doping rule violation (ADRV) whether or not the individual substances infused are prohibited. In this case both the athlete and the personnel administering the infusion are subject to sanction.

Regards

Patricia Wallace
Chairman FIRS Anti-doping