



World Skate

Guidelines for World Skate

EDUCATION PROGRAMME

2016/2017

Education

World Skate will provide athlete education through the WADA outreach program at World Championships when possible.

Athletes are encouraged to access anti-doping education through their National Anti-doping Organisation as these programs will be delivered in the athlete's language or via the WADA webpage www.wada-ama.org, "what we do tag" and then choose education.

World Skate request to request Athletes and support personnel to provide a certificate as evidence of education to nominate for any World Skate World Championship in 2018. Certificates should be provided through National Federations together with acknowledgement and agreement forms for doping control and nomination forms for the Championship.

A list has been made of information that athletes and support personnel need to know. Information has been sent to anti-doping contacts of National Federations and World Skate Executive Board for distribution to members

Important Topics which have been distributed and are available on the World Skate webpage www.worldskate.org, "about us", sports medicine tab

- Where to access e learning programmes including ALPHA, play true quizzes, say know to doping
- 2018 Prohibited list
- Check your substance
- At a glance leaflets
- TUE process
- Dangers of Doping
- Dangers of supplement use
- Things to consider before using supplements
- Where to get some advice re supplements including 3rd party analysis
- Anti-doping present from FIRS Congress February 2017 – general outline
- 10 possible ADRVs
- Guidelines for doping control
- Link to U tube athlete talking about providing the sample
- Link to U tube athlete talking about supplements
- Notification re permitted medication for asthma and new preparations that are coming on the market that are not permitted

Outreach Programme in will be available at selected World Championships in 2018

ANTI-DOPING EDUCATION RESOURCES

World Skate wants to assist in protecting the spirit of true sport being undermined by doping. We, along with the anti-doping community, believe that education is the best way to achieve this. The primary goal of anti-doping education and information is to create a culture within rollersports that is against doping. World Skate wish to prevent the

intentional and / or unintentional use of prohibited substances and methods by athletes.

ANTI-DOPING INFORMATION & EDUCATIONAL MATERIALS.

NATIONAL ANTIDOPING ORGANISATIONS (NADO's) have education programs on their webpage. These are in the language of the country. NADO contact details are available from National Federations and WADA webpage.

Most of the WADA programs are available in a variety of languages

WORLD ANTIDOPING AGENCY (WADA) PROGRAMS – How to find

- 1 Go to WADA web page www.wada-ama.org
- 2 Click on “What We Do” tab
- 3 Click on Education and Prevention on the table on the left

There are a range of online education programs for athletes of all ages and toolkits for anti-doping program managers, team doctors, coaches, doping control officers as well as information on the process of collecting a sample and the use of ADAMS.

Some examples are

ALPHA

ALPHA stands for Athlete Learning Program about Health and Anti-Doping ALPHA is an elearning tool which is informative and easy to use designed by specialists including athletes, social scientists, medical specialist with a knowledge of anti doping.

COACH TRUE

Coach true is a computer based anti-doping learning tool for coaches. WADA has created Coach True to assist in the anti-doping education of coaches.

PLAY TRUE CHALLENGE

This is a fun computer simulation produced by WADA that allows young athletes and young people to become familiar with the situations they may be faced with in the doping scene.

WADA PLAY TRUE QUIZ

Interactive computer game that tests athletes' knowledge about anti-doping produced in 36 languages

SAY NO TO DOPING

Anti-doping awareness campaign launched by WADA for sporting organisations

OUTREACH

Model created by WADA to provide stakeholders with the tools necessary to educate about anti- doping. World Skate in conjunction with Coldeportes run an outreach program at the 2015 World Artistic Championship in Cali and with CHINADA at the 2017 World Roller Games in Nanjing.

MORE HELPFUL ANTIDOPING RESOURCES

guard.sportaccord.com - Global Unified Athletes Research Database, is a web-based database designed for athletes and athletes' support personnel to check the composition of medicines and supplement substances for the presence of banned substances in accordance with the WADA prohibited list

www.globaldro.org - The Global Drug Reference Online (Global DRO) provides athletes and support personnel with information about the prohibited status of specific medications based on the current World Anti-Doping Agency (WADA) Prohibited List

checksubstances.asada.gov.au - Online platform to check substances in Australia by the Australian Sports Anti-Doping Authority (ASADA)

www.asada.gov.au - Online e-learning programmes for athletes, support personnel, medical staff, coaches and anyone who wants to learn

www.antidoping.ch/en/medicine-substances-and-methods - Online platform to check substances in Switzerland by Antidoping Switzerland (mobile app also available).

www.informed-sport.com - A quality assurance programme for sports nutrition products, suppliers to the sports nutrition industry, and supplement manufacturing facilities.

www.ausport.gov.au/ais/nutrition/supplements/a-z_factsheets - A-Z factsheet about supplements by Australia's strategic high performance sport agency (AIS). This site provides extensive information about supplements.

www.consumerlab.com - Supplement information and reviews.

www.wada-ama.org/national-anti-doping-organizations-nado - WADA web page with information about all National Anti-Doping Organisations (NADOs).

Athletes, National Federations, Confederations, World Skate technical committees and athlete support personnel are responsible for developing their knowledge of anti-doping rules. Athletes who knowingly dope and are caught get their just deserts however it is devastating when an athlete is sanctioned for an anti-doping rule violation that occurs through lack of knowledge.

Athletes are responsible for anything found in their system and supplements are never 100% safe.

WADA code and International standards can be downloaded from the WADA web page www.wada-ama.org

World Skate Anti-doping Policy can be downloaded from the World Skate webpage www.worldskate.org

Please address questions to Dr Patricia Wallace MB ChB
antidoping@rworldskate.org
+61 418 920 466

Plan 2018

All athletes and support personnel competing at World Skate World Championship must provide a certificate of completion of an anti-doping education programme by close of nominations to qualify for accreditation at a World Skate World Championship

Principle aim into the future is to encourage the culture that every athlete has the right to compete in doping free sport and that doping in any form is cheating and can never be justified.

To continue to send out anti-doping education to Executive Board, Confederations, Technical Committees, and National Federation on a regular basis

Ensure of participants are aware of educational material on the WADA webpage and that they know how to access it

Send out new information to the above entities as it becomes available

Continue to encourage athletes to source education resources available from National Anti-doping organisations (NADOs) which have a language advantage

Continue the initiative of 2015 World Artistic Championship in providing outreach program at the World Roller Games in Nanjing

Provide Face to Face Anti-doping education at selected World Championships in 2018 following from face to face programme at World Roller Games in 2017. World Roller Games is a competition for all nine (9) disciplines of Rollersports and provides a wonderful opportunity to provide anti-doping education to a wide audience of participants

Partner with NADOs in providing outreach, alpha, play true and other WADA education programs

Aim to educate maximum number of athletes, parents, support personnel and anyone who wants to participate

Aim to educate medical and anti-doping personnel to enable ongoing education programs within National Federation

World Skate anti-doping representatives available by phone, email to answer anti-doping questions on a regular basis.

Education Monitoring Form – Review 2017

Target Group	Plan	Implement	Study Result	Action on result
Registered Testing Pool	Know responsibilities Whereabouts Submission Therapeutic Use Exemption (TUE)	Informed by letter Informed by letter Notified of resources on WADA web page Notified of process for TUE application	All RTP athletes aware of obligations All athletes submitting whereabouts to ADAMS on time and sometimes updating Implemented	Athletes need to be encouraged to provide more detailed whereabouts and update more regularly Remind when added to RTP and regularly
Continental areas National Federations Executive Board Athletes competing at World Championship Support staff competing at World Championship	Increase knowledge of basic anti-doping rules including any athlete can be tested anywhere at any time Anti-doping officer to present at World Skate Congress All participants at World Championship to complete acknowledgement and agreement for doping control All participants at World Championship to complete an anti-	Face to face Presentation completed World Skate congress & mailed to NF	Increased knowledge of anti-doping process 86 USA athletes completed ALPHA course 56 NZ athletes completed ALPHA course 100% Australian athletes and support completed ASADA level 1 and 2 course Majority of athletes and support personnel completed acknowledgement and agreement form	Continue to ask WADA for names of Rollersports athletes who complete the ALPHA course for easier tracking Enforce submission of acknowledgement and agreement form and evidence of completion of approved anti-doping education course by close of nominations for world championship to be eligible to compete or gain accreditation at World Skate world championship June 2018

	doping education course to gain accreditation at World Championship			
Skateboarders	Provide face to face education at World Roller Games Provide information about TUE application	Completed in two face to face sessions for 83 participants Presentation provided to participants by email Powerpoint presentation prepared and delivered Application forms and how to apply for TUE forwarded	Verbal response was positive Further results to be assessed No TUE applications received	Continue to provide education for skate boarded at every opportunity Liaise with LOC and Anti-Doping Norway to collect acknowledgement and agreement forms and to provide further education at X-Games Feb 2018
Inline Freestyle	Provide face to face education at World Roller Games	Completed for 53 participants	Verbal response positive	Continue to use every opportunity to increase anti-doping knowledge Encourage use of ALPHA and NADO anti-doping education programmes
Roller Derby	Education Technical committee chairman to enable him to provide education to RD participants	Implemented prior to World Roller Games	Positive response from the group	Encourage continued education and to use available responses on World Skate, WADA and NADO's web page
Continental	Education on World	Face to face	Some evidence of	Further education to be

Areas Continental Area Technical Committees National Federations	Skate policy for ordering tests under World Skate Educate on TDSSA requirements	information provided at World Skate congress and at every available opportunity Policy developed and information forwarded to executive Board, continent Area Committees and National Federations	increasing understanding and compliance	given Warning for not compliance and then World Skate to impose disciplinary action for non- compliance January 2018
All athletes and support personnel	Education on the risks of supplement use	Implemented in written and face to face education	Supplement use is still intensive – evidence from DCFs	Further education Counselling for those who record high risk supplements
All World Skate members and affiliates	Education on ethics and risks of doping	Addressed during face to face education sessions Information posted to World Skate (FIRS) web page and mailed out to World Skate networks	Participants are aware of the dangers of doping and the ethical issues of doping and cheating	Continue to re-enforce ethical issues and risks of doping Continue to try to engage athlete ambassadors in NFs to educate young athletes
All Participants	Provide 2018 Prohibited List	To be mailed to all groups and posted to website	In progress	Complete by 31 December 2017
Anti-doping Manager World Skate	Update all anti-doping information on World Skate web site	In progress Inform members when complete	Will be current on 1 January 2018	Review at least 6 monthly and update more frequently as needed

Staff				
Anti-doping Manager World Skate staff	Provide feed-back form for anti-doping education	In progress Post to website when complete Encourage participants to provide feedback	By 31 December 2017 Review feed- back provided	Amend programmes as appropriate based on feedback



Participant Survey
World Skate – Presentation Topic

To assure quality and to implement continual improvement, we look to you for comment and guidance. We ask that you spend a few moments to complete this survey to help make our courses even better. Thank you for your assistance.

Name: _____ Date: _____

About the standard of the presenters:

Was the knowledge communicated in a clear, concise manner?

No 1 2 3 4 5 Yes

Were you kept entertained and motivated?

No 1 2 3 4 5 Yes

Comments: _____

About the standard of the presentations:

Did the course enhance your Anti-Doping knowledge **add subject**?

No 1 2 3 4 5 Yes

Were the presentations understandable?

No 1 2 3 4 5 Yes

Comments: _____

About the standard of the facilities:

Were the presentation tools (projection equipment, visual aids, etc.) used in the classroom of an acceptable standard?

No 1 2 3 4 5 Yes

Was the classroom a comfortable working environment?

No 1 2 3 4 5 Yes

General Information

Was the length of the course suitable? Too Short Suitable Too Long

Was the course value for money? Too Cheap Value of Money Too Expensive

Would you recommend participating in this course / reading this information / viewing these



videos to others? Yes No

Comments:

Thank you in taking the time to complete this form. We believe that *every course should be better than the last one*. You have helped us achieve this in the future.