

6<sup>th</sup> June 2009

To all National Federations

## **Doping Control – Athlete Rights and Responsibilities**

Following information outlines the rights and responsibilities of athletes and support personnel with regard to Doping Control. If you have any questions please do not hesitate to contact me.

### **Rights of athletes selected for doping control**

#### **Athlete Rights**

- Nominate one (1) representative of their choice to accompany them to Doping Control Station
- Request information regarding the sample collection procedure
- Request to leave the Doping Control Station once they have reported for valid reason. This will be allowed at the discretion of the Doping Control Officer, on condition that, at all times, the athlete remains in full view of the escort / chaperone. Valid reasons include :-
  - Attend a victory ceremony
  - Compete in further events
  - Finish a training session
  - Receive necessary medical attention
  - Fulfill media commitments
  - Warm down
  - Undertake other activities considered reasonable and approved by the Doping Control Officer
- Athletes with concerns about the sample collection process are advised to take the test, record their concerns on the doping control form and notify FIRS and their National Federation as soon as practical following the sample collection.

#### **Athlete Responsibilities**

Athletes have the responsibility to ensure:-

- They are aware of and comply with FIRS anti-doping policy including the provision of accurate whereabouts information if required
- They are available and comply with sample collection procedures

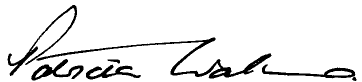
- They accompany the chaperone to the doping control station immediately on notification of selection for doping control
- They remain in sight of the chaperone at all times
- They control the sample until it is sealed in the sample collection equipment
- The sealed sample collection is secure and identified
- All appropriate documentation, including notification form, is accurate, complete and signed
- They take responsibility for what they ingest and use
- They declare all medications, including over the counter medications, to the doping control officer
- They inform medical personnel they are subject to doping control and of their obligation not to use Prohibited Substances and Prohibited methods
- Any medical treatment does not violate anti-doping rules

Sanctions may be applied by FIRS if an athlete does not comply with a request to provide a sample or otherwise interferes with the doping control process

### **Support Personnel Responsibilities**

- Being knowledgeable of, and complying with, all anti-doping rules and policies applicable to them or the athletes they support
- Supporting and assisting Anti-Doping Organizations to conduct Doping Control
- Ensuring only one representative accompanies the athlete to the doping control centre
- Educating the athletes with regard to doping control rules
- Assisting FIRS in obtaining athlete contact information, signed FIRS licenses, whereabouts filings and anything else to assist FIRS in the administration of doping control
- Using their influence on athletes' values and behavior to foster anti-doping attitudes

Yours sincerely



Dr. Patricia Wallace MB ChB BSc